# 保良局何蔭棠中學
Po Leung Kuk Celine Ho Yam Tong College

25th Anniversary

*Honouring the Past, Igniting the Future*

# 棠內堂外
# PROSPECTUS
2026-2027

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# School Sponsoring Body — Po Leung Kuk
# 辦學團體 — 保良局




保良局於 1878 年成立，以「保赤安良」為宗旨。保良局屬下約 300 個單位遍佈全港各區，由幼至老，為市民提供多元化及優質的社會、教育、康樂、文化服務及醫療及綜合健康服務，平均每年服務超過 80 萬人次，屬校學生逾 4 萬 5 千人。

Po Leung Kuk was founded in 1878, serving with the objective of "Protecting the young and the innocent". Po Leung Kuk provides multifaceted and quality social, educational, recreational and cultural services to people of all ages in the community through its 300 service units. Every year, the Kuk serves over 800,000 people on average, including about 45,000 students of its affiliated schools.

## 保良局辦學理念
## Kuk's Mission

我們以「愛、敬、勤、誠」為屬校校訓，為學生提供充實知識、訓練技能及鍛鍊體格的機會，亦著重培養學生優良的品格，高雅的情操及正確的人生觀，以達致「德、智、體、群、美」五育之均衡發展。

保良局屬校校董會是沒有政治、宗教背景的辦學團體，在不影響教學秩序及不抵觸法律的大前提下，各種思想、見解、宗教都可在校內共同存在。我們鼓勵學生參與社會服務，培養對國家民族的感情和責任，對事物採取客觀開放的態度。

"Love, Respect, Diligence and Integrity", the motto of Kuk's affiliated schools, places great emphasis on educating the young, nurturing the morality and helping them achieve "Cognitive, Aesthetic, Social, Physical and Moral development." Our students are therefore encouraged to engage in community service, which could foster their sense of national identity, as well as adopting an open-minded attitude towards different issues.

The Kuk is a non-political and non-religious sponsoring body, of which different thoughts, ideas and religions co-exist under the condition that the law shall not be violated and the teaching order shall not be disrupted.

# Vision and Mission of Po Tong
# 保棠願景及使命

## 願景及使命
## Vision and Mission

本校秉承保良局一貫的辦學宗旨，著重學生德、智、體、群、美五育的全人發展，培育學生高雅的情操和正確的人生觀。教學方針以引導、啟發為主，提高學生的學習興趣及發掘學生的潛能。本校校訓乃「愛、敬、勤、誠」，期望學生能學習互相尊重，積極向上。本校亦十分重視提升學生的兩文三語水平，更要求學生具備高層次的邏輯思維及表達技巧。

We adhere to the mission and vision of Po Leung Kuk, placing great emphasis on students' balanced learning including moral, intellectual, physical, social and aesthetic education, and nurturing students to develop nobleness and a positive outlook on life.

The mission is to enhance students' interest in learning and unearth their potential by means of inspiration. Our school's motto is “Love, Respect, Diligence and Integrity”; it is hoped that students can learn to respect and strive for excellence. We aim to nurture students to become biliterate and trilingual individuals equipped with high-order thinking skills and remarkable presentation skills.









## 校長的話
## Principal's Message

「修身立德顯關愛，追求卓越展潛能，積極正面饋家國」是每一位保棠人的特質。

保棠不斷力求創新，永不停步，保棠是保良局屬下的津貼男女英文中學，秉承保良局辦學方針，實踐「保良精神」，教導學生「愛敬勤誠」的良好價值態度；保棠重視雙語教育，學生擁有良好的語文及表達能力，中英兼擅；保棠學習氣氛濃厚，學生孜孜追求學科知識，成績卓越。

保棠擁有一班經驗豐富且具熱誠的教學團隊，不斷力求創新，永不停步，積極引導每位學生熱愛學習、發揮潛能，在瞬息萬變的年代脫穎而出，成就理想；保棠師生關係良好，讓學生在信任、關懷、尊重的氛圍下成長，建立良好的價值觀，成為回饋社會、心繫家國的好青年。

二十五週年校慶的口號是「Honouring the past, Igniting the future」。在未來的日子裡，我們定必繼續肩負作育英才的責任，傳承保棠優良傳統及文化，成就一代又一代的保棠人。

勞國樑校長

“Self-cultivation, moral integrity, and care for others; the pursuit of excellence and the development of potential; actively contributing to family and country” are the qualities of every student at Po Tong. Through the diverse and high-quality education, we enable students to achieve holistic development.

Po Tong, a subsidized co-educational EMI secondary school under Po Leung Kuk, is committed to continuous innovation and improvement. We uphold the organization’s educational philosophy and embody the “Po Leung Spirit,” instilling in our students the values of Respect, Diligence, and Integrity. Our emphasis on bilingual education ensures that students develop strong language and communication skills in both Chinese and English. With a vibrant learning atmosphere, students are motivated to diligently pursue academic excellence and consistently achieve remarkable results.

In addition, our dedicated and experienced teaching team actively guides each student to cultivate a love for learning and unleash their potential. In today’s rapidly changing world, we equip students with the skills to stand out and achieve their aspirations. The positive teacher-student relationships at Po Tong create an environment of trust, care, and respect, allowing students to develop strong values and become responsible, community-minded individuals.

The slogan for the 25th Anniversary School Celebration is "Honouring the past, Igniting the future". Looking to the future, we will continue to take on the responsibility of nurturing talent, passing down the excellent traditions and culture of Po Tong, and shaping generations of Po Tong students.

Mr. Lo Kwok Leung
Principal

# Honouring the past, Igniting the future

## Sowing The Seeds 2001–2011

In 2001, the school was officially established (originally named PLK Tsz Wan Shan College) and held the Groundbreaking Ceremony of the Po Kong Village Road School Village in the same year. During its inaugural year, as the school village campus was still under construction, teachers and students temporarily borrowed the campus of Sir Ellis Kadoorie Secondary School (West Kowloon) to commence teaching. Despite operating in borrowed quarters, this foundational period forged an indelible bond between teachers and students; through dedicated care from educators and mutual support among peers, a deep sense of family and belonging was born. By 2003, the school celebrated the Po Leung Kuk Celine Ho Yam Tong College Naming Ceremony, successfully completed the Campus Handover Ceremony, and officially moved into its modern Tsz Wan Shan campus—a home where teachers and students walked hand in hand to write the next chapter together.



Groundbreaking of the Po Kong Village Road School Village

**2001**




Po Leung Kuk Celine Ho Yam Tong College Naming Ceremony

**2002**




School Premises Handover Ceremony

**2002**

In 2006, the school established the IMC to set up a structured and transparent school-based management mechanism. In the External School Review (ESR) conducted by the Education Bureau, the school's outstanding teaching quality and excellent school ethos received extremely high praise and authoritative recognition. Behind these milestones was the selfless dedication of teachers who served not only as mentors but as compassionate guides through every challenge. In response, students worked tirelessly to express their gratitude, flourishing across sports, arts, and community activities. Their remarkable achievements and warm, inter-generational connections earned the profound trust of parents and society alike.






Attributable to the joint dedication and outstanding performance of our teachers and students over the years, the school was officially approved to become an EMI (English as the Medium of Instruction) school in 2010. This was not merely an honor, but a testament to the hard work and heart poured in by our entire school community—marking a profoundly meaningful milestone in the history of Po Leung Kuk Celine Ho Yam Tong College.



## Passing the Torch 2011–2021

Entering its second decade, the school deepened home-school cooperation and student autonomy with the establishment of the Parent-Teacher Association (2012) and Students' Union (2013), forging bridges for joint education and youth leadership. Guided by our holistic education philosophy, teachers walked alongside students, turning mentorship into a shared journey of growth. On the sports field, sweat and perseverance yielded the Inter-School Athletics Grand Championship and the Girls B Grade Basketball Championship. In STEM and academia, teachers devoted countless hours encouraging students through trials and tests—guiding them to victory in competitions ranging from the Paper Architecture and RC Model Car STEM contests to the South Korea Science Fair and a Bronze Medal in their debut at iGEM, which, through another year of dedicated effort, culminated in a Gold Medal the following year. Behind every trophy lies the warmth of dedicated guidance and unconditional trust, making these awards a heartfelt testament to mutual growth.



Establishment of the Parent Teacher Association

**2012**



Establishment of the Students' Union

**2013**



The profound synergy among teachers, students, and parents became the cornerstone of our continuous pursuit of excellence. The school was awarded the '2016 Po Leung Kuk Outstanding School'—a prestigious honor that genuinely celebrated the unified dedication, trust, and shared pride of our entire school community.






Awarded as '2016 Po Leung Kuk Outstanding School'

**2016**




Attended iGEM in the United States for the second time, and became the first Hong Kong secondary school team to win a gold medal

**2019**

## Reaching New Heights 2021–2026

In recent years, the school has broadened students' horizons and sense of purpose. The establishment of the Immigration Department Youth Leaders Corps in 2021 deepened students' self-discipline and national identity, while the founding of the Alumni Association and Sister School Partnerships in 2022 forged enduring bridges between alumni and mainland peers. In 2025, The Mr. and Mrs. Boondy Pong Kwok Boon Hall Naming Ceremony marked a heartwarming milestone, celebrating a space rich with shared memories and gratitude.



Establishment of the Alumni Association **2022**






Sister School Partnerships **2022**









The Mr. and Mrs. Boondy Pong Kwok Boon Hall Naming Ceremony **2025**

At the forefront of STEM, endless hours of trial and teamwork between teachers and students have borne extraordinary fruit. In iGEM, dedicated teacher mentorship empowered students to achieve global recognition, winning iGEM Gold Medals and ranking among the World Top 10. From showcasing student inventions at InnoEX and winning a Bronze Medal at the Geneva Exhibition, to earning top honors at the Hong Kong Youth Science & Technology Innovation Competition and the Hong Kong Student Science Project Competition—behind each scientific triumph lies the dedication of teachers guiding students through every setback, walking hand in hand onto the global stage.












Guided by our commitment to holistic education, teachers nurture every student's potential with equal parts patience and passion. Whether through fine-tuning line readings for speech competitions (yielding Grand Prizes in the Golden Bauhinia Cup and the Putonghua Public Speaking Competition), enduring sun and rain together during Chinese-style Foot Drill training (winning three consecutive Gold Medals), or rehearsing endlessly for the Schools Music Festival, dance showcases, and The Schools Challenge—the trophies are merely reflections of a deeper bond. The true treasure lies in the unconditional trust and support between teachers and students—a profound foundation that allows us to honor our twenty-five years of rich heritage, while igniting the future for generations to come.




Honoured to be iGEM Gold Medalists and ranked among the Top 10 in the world (2019, 2023, 2024 and 2025)

**2025**




**PLKCHC 25th Anniversary**




# Shining on the Global Stage: Student Team Triumphs with iGEM Gold Medal and Geneva International Exhibition of Inventions Bronze Award




Our school's student team has achieved remarkable success across two premier global competitions, showcasing exceptional scientific research capability and bringing immense honor to our school on the international stage.

## 1. International Genetically Engineered Machine (iGEM) Competition

As the world's highest-level student competition in synthetic biology, this year's event brought together over 400 top-tier teams and more than 9,000 elite students worldwide. Our student team stood out with groundbreaking scientific innovation, capturing two major distinctions:

- **Gold Medal** – Achieving another glorious victory following our success in 2019, 2023, 2024 and 2025
- **Nomination for the Global Best Hardware Award**




## 2. The 51st International Exhibition of Inventions Geneva

As one of the world's largest and most prestigious global innovation exhibitions—supported by the Swiss Federal Government and the World Intellectual Property Organization (WIPO)—the Geneva Exhibition attracts top enterprises, universities, and research institutions globally. Partnering with the Drainage Services Department (DSD), our students presented their outstanding research project, "Remedix," and accomplished an exceptional feat:

- **Bronze Medal (Open Group)** – Triumphant in the open category against adult professionals and global research institutions!
















## School-Government Collaboration, Progressive R&D, and Student Growth

Behind these two prestigious global accolades lies a story of continuous innovation and dedication—a testament to the immense success of our school-government collaboration.

At the competition venue in Geneva, the Director of Drainage Services personally guided the students on their presentation content and how to respond to questions from the international panel of judges. Facing this heavyweight support and mentorship, our students maintained a humble and striving attitude, delivering their absolute best performance on the international stage and successfully capturing this international Open Group award!

## From iGEM to Geneva: High School Innovators Pave R&D Path Through Government Collaboration

The team's R&D journey began last October when team members partnered with the Drainage Services Department (DSD) to enter the iGEM Competition with "Remedix," winning a Gold Medal. Continuing their work with DSD, they condensed lab testing into a portable "box-laboratory" for rapid detection of tetracycline residues in water, ultimately winning a Bronze Medal at the Geneva International Exhibition of Inventions. Reflecting on the journey, team member Y.S. Chan noted: "From developing the initial prototype to winning in Geneva, this experience was a remarkable breakthrough for us."

Through this unique "School-Government Collaboration," team members visited sewage treatment plants and received guidance from DSD chemists and engineers. In Geneva, the Director of Drainage Services even personally coached them on presentation and defense strategies. Team member T.Y. Leung shared: "Engaging directly with top professionals greatly boosted our resilience, problem-solving skills, and global outlook." Team member Y.L. Yu added: "Competing in the Open Group as secondary school students and winning alongside global experts proved that our team possesses world-class innovation capabilities."




Reference video for 2025 iGEM

Reference video for the 51st International Exhibition of Inventions Geneva

# Teaching & Learning — Class Structure and Medium of Instruction (MOI)

# 學棠 — 班級結構及教學語言

## 班級結構 Class Structure

級別 Forms

| F.1 | F.2 | F.3 | F.4 | F.5 | F.6 |
|---|---|---|---|---|---|

每級班別數量 Number of classes in each form

| 5 |
|---|

## 教學語言 Medium of Instruction

本校為一所以全英語授課的學校，除了中國語文、公民與社會發展科、中國歷史、普通話、中國文學外，其他科目均以英語授課。

As an EMI school, apart from Chinese Language, Citizenship and Social Development, Chinese History, Putonghua and Chinese Literature, English is the medium of instruction in all subjects.








# Teaching & Learning — An English-rich Learning Environment



To maximise students' exposure to authentic English, our school has invested around 2.5 million dollars every year in enriching the English learning environment in our school and providing students with different English learning experiences.

## Native English Teachers (NETs)

Apart from teaching regular lessons, with the NET-student ratio at around 1:20, NET teachers are also employed to conduct after-school activities, including Campus Walk, in which NET teachers walk around the school campus and take the initiative to chitchat with students, asking them about their school life and studies. Different classes also take turns to meet the NETs so as to play board games and card games together, in hopes of using English in a fun and engaging way.



## Study Tours

Our school has held different study tours overseas. Destinations include Australia, the UK and Singapore, which provide students with precious opportunities to learn authentic English outside the classroom.









# Teaching & Learning — An English-rich Learning Environment



## English Day Camp

Held on Saturdays exclusively for Form 1 students, our annual English Day Camp offers an immersive, full-day language experience led by 5 NETs. With an exceptional teacher-to-student ratio of 1:15, students benefit from personalized guidance, interactive activities and abundant opportunities to practise spoken English in a supportive environment.



## Talent Show for Form 2 Students

The Talent Show provides a vibrant platform for Form 2 students to showcase their creativity, performing arts skills and confidence in using English on stage. Through music, drama, and various performances, students express themselves while engaging the school community in an entertaining, language-rich environment.






## Speaking Zone and Morning Assemblies

Students are given numerous opportunities to use English in the campus, including an activity called Speaking Zone, in which students across various classes gather together and discuss social issues, led by more capable students as leaders. Small gifts are given to high achievers as a gesture of recognition. Class representatives across F.1 to F.6 are also given chances to speak to the whole school during the morning assemblies, sharing their views on certain books or social issues, after training and practices offered by their subject teachers.

## Extensive Reading Programme

Aiming to nurture an enduring reading culture, our programme exposes students to a broad spectrum of literary genres and informative texts. Through a reading club led by NETs, participants explore diverse themes and exchange personal perspectives, complemented by library exhibitions featuring recommendations from teachers and student ambassadors.

## Public Speaking Programme

This programme boosts students' confidence in spoken English through regular presentations at school assemblies. Working in pairs, students compose original scripts and refine their delivery based on teachers' feedback before presenting across various classrooms and the school hall.

## Debate Competitions

Designed to boost English fluency and critical thinking, our debate competitions challenge students to research key issues, construct solid arguments and present their ideas with confidence. Throughout the event, our students go beyond standard public speaking to tackle current topics, articulate complex perspectives in natural English and refine their reasoning skills.








## Phonics Course for Form 1 Students

To establish a strong linguistic foundation for Form 1 students, our school collaborates with a professional educational institution to offer an expert-led phonics course that refines their pronunciation, enhances phonetic awareness and builds spoken fluency from the start of their secondary education.

# Teaching & Learning

## Gifted Education

Our school is devoted to helping our students develop their potentials to the maximum level. Every year, in order to offer quality gifted education to our students, our school invests a fortune to pay tuition fees of different gifted education programmes organised by the University of Hong Kong, the Chinese University of Hong Kong, the Hong Kong University of Science and Technology, and The International Education Research Center.

### Different Gifted Programmes our students enrolled

#### The Chinese University of Hong Kong

- Drawing Mathematics and Intuition
- Introductory Mathematical Thinking and Problem Solving Skills
- Creative Digital Art Classroom—Branding and Graphic Design Basics
- Practical AI Workshop: Designing an AI-enabled Society
- Biochemistry, Immunity and Infections I
- Introduction to Architectural Design and Representation
- The Classical Stories and Development of English Etymology
- Marketing in the Real World

#### The University of Hong Kong

- Statistics Academy for the Talented
- Sands of Time: Exploring Arab Heritage from Pyramids to Present
- Actuarial Science Academy for the Talented
- AI and the Future of Humanity

#### The Hong Kong University of Science and Technology

- "Anatomy" Animal Physiology

#### City University of Hong Kong

- Accounting for cryptocurrency
- Introduction to positive psychology
- Soft matter and its application
- Optimal stopping problem: Find your Mr/Ms right

#### The Hong Kong Academy for Gifted Education

- Visual Art






### 6A NGAN PUI YAN



The Biochemistry, Immunity and Infections I course at The Chinese University of Hong Kong equipped me with a rigorous scientific methodology to analyze complex phenomena, validate hypotheses, and penetrate core problems. Through cross-disciplinary integration, I developed systematic thinking capabilities that allowed me to transition seamlessly from precise cause analysis to crafting innovative solutions. This transformative academic experience laid a solid cognitive foundation for me to tackle future challenges with analytical confidence. I am deeply grateful to my school for providing full financial sponsorship, which granted me the incredible opportunity to study at a top-tier institution and broaden my horizons.



### 5C YEUNG MAN HIN

The "Sands of Time: Exploring Arab Heritage from Pyramids to Present" course at The University of Hong Kong trained me to perform rigorous logical reasoning and data interpret complex historical information. As a science student, this cross-disciplinary analytical training greatly enhanced my problem-solving and critical thinking skills, directly boosting my capability and confidence to tackle data-response and analytical questions in science public examinations. I am deeply grateful to my school for granting me this invaluable opportunity to study at a top-tier institution and broaden my horizons. This support motivates me to strive for excellence, and I will translate the vision and logical mindset gained from this journey into achieving outstanding results in my public exams and fostering personal breakthroughs.

## Small Class Teaching

Our college has always attached great importance to the enhancement of teaching and learning effectiveness



Approximately **$5,000,000** allotted Every Year

- 20 — Additional Teachers and Teaching assistants
- Around 100 — Additional Small Classes
- 1 : 4 — Teacher-Student Ratios Improved to 1:4




# 學棠 — 學術週

保棠每年都會舉辦不同主題的學術週，主題涵蓋面廣闊，不但有不同的科目內容，活動的類型和形式也包羅萬有，曾經舉辦包括社術週、英文週、中文週 、數理週等 。在學術週活動期間，學生既能在大型開幕典禮中一展身手，展現才華外，還會參加寓學習於遊戲之中各式各樣的攤位活動。

































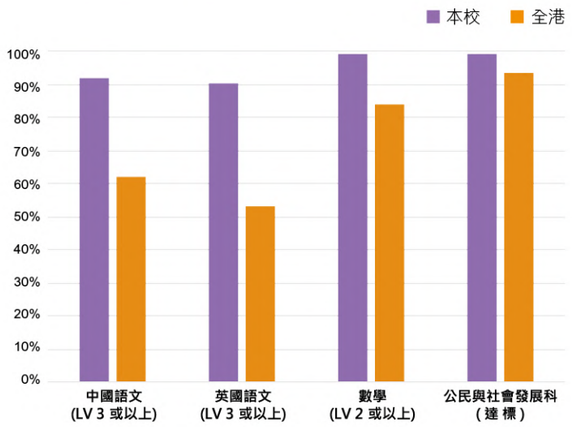

# 保棠畢業生

## 本校學生於 2026 年香港中學文憑試成績及大學升學概況

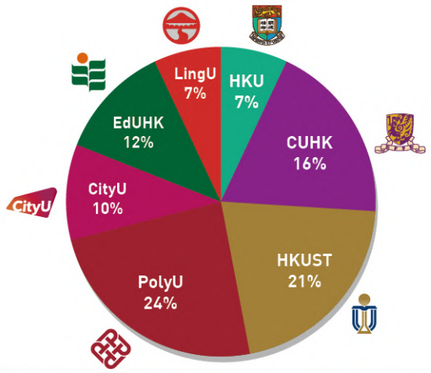
### 核心科目取得「332A」

**本校 84.5%**

全港 36.8%




### 2026 教資會資助大學（8 大院校）：

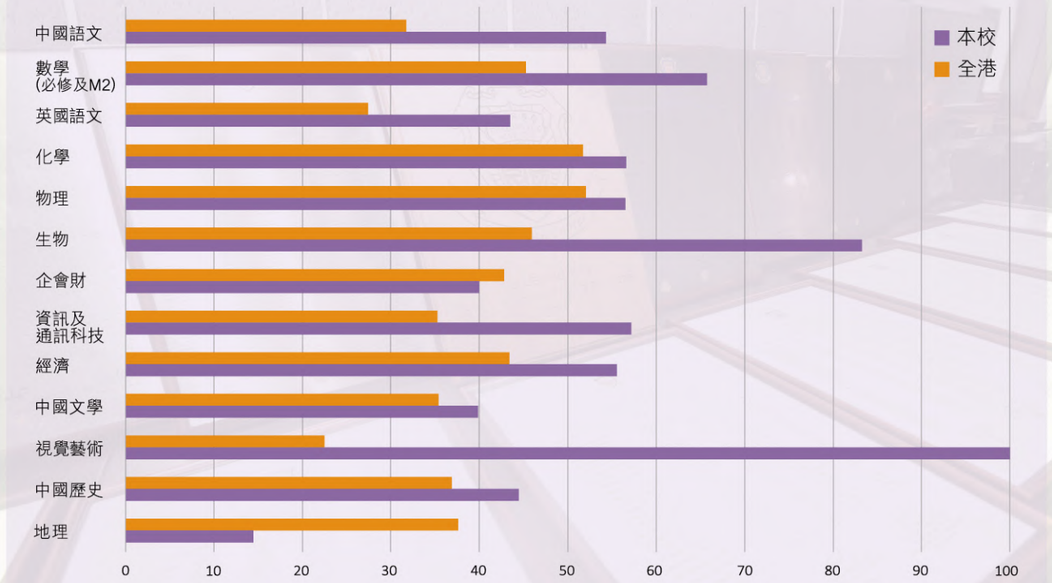



### 入讀本地大學學士學位課程

**本校 84.5%**

全港 33.7%

### 本校各科優良率：






## 2026 文憑試摘星名單



K.H. NG

5** MATHS
5** BIO
5** PHY
5** M2
5* ENG
5* CHEM

### 摘 5** 學生名單

K.H. NG** H.T. HO** N.M. CHENG** O.Y LO** C.H. LI** W.H. CHAN** L.K. HO**

### 摘 5* / 5** 學生名單

K.H. NG ★ N.M. CHENG ★ K.L. KAN ★ M.K. HU ★ C.H. LI ★
H.Y. FONG ★ T.H. HO ★ O.Y. LO ★ W.H. CHAN ★
T.H. CHEN ★ K.H. ZHUANG ★ H.T. CHU ★ Y. L. XU ★ C.H. CHAN ★
C. H. CHAN ★ Y. L. MA ★ Y. L. NG ★ H. K. KO ★
W.W. LIANG ★ K.C. YUE ★ H. Y. YUNG ★ H.Y. CHEUNG ★ H. T. LEE ★
T. Y. WONG ★ C. H. LEUNG ★ C.Y. LI ★ A. Y. LIN ★
P. K. TSANG ★ T. K. WAN ★



# 保棠畢業生

## 保棠醫科之星



### 岑旻晉

修讀學系：香港大學內外全科醫學士
DSE 成績：4 科 5**，1 科 5*，2 科 5



### 劉旭斌

修讀學系：香港中文大學內外全科醫學士
DSE 成績：5 科 5**，2 科 5



### 周餘澤

修讀學系：香港大學內外全科醫學士
DSE 成績：3 科 5**，3 科 5*，1 科 5



### 蔡文涵

修讀學系：香港大學內外全科醫學士
DSE 成績：3 科 5**，3 科 5*



### 梁子健

修讀學系：香港大學內外全科醫學士
DSE 成績：3 科 5**，2 科 5*，2 科 5



### 郭培樂

修讀學系：香港大學內外全科醫學士
DSE 成績：3 科 5**，2 科 5*，1 科 5



### 李鈺彤

修讀學系：香港大學內外全科醫學士
DSE 成績：3 科 5**，2 科 5*，1 科 5





### 謝富鏞

修讀學系：香港中文大學內外全科醫學士
DSE 成績：3 科 5**，1 科 5*，1 科 5



### 余育霖

修讀學系：香港大學牙醫學士
DSE 成績：2 科 5**，2 科 5*，3 科 5



### 陳亮言

修讀學系：香港大學內外全科醫學士
DSE 成績：2 科 5**，2 科 5*，2 科 5



### 陳遨天

修讀學系：香港中文大學內外全科醫學士
DSE 成績：2 科 5**，3 科 5*，2 科 5



### 陳晃志

修讀學系：香港大學內外全科醫學士
DSE 成績：1 科 5**，4 科 5*，1 科 5



### 鄭雅文

修讀學系：香港大學內外全科醫學士
DSE 成績：1 科 5**，4 科 5*，1 科 5

# 保棠領袖

本校一向致力提供多元化活動，以啟發學生潛能，讓具備不同特質的同學皆能展現獨特風采。於保棠的歲月中，學生或動或靜，皆能累積豐富而多元的體驗與經歷。這些歷練不僅使同學得以盡展所長，亦為其日後在各個領域取得更卓越的成就奠下堅實基礎。

## 第十二屆學生會會長 6A 黎芷嫣



本人擔任學生會會長期間，時刻與師長及學弟妹緊密協作與溝通，從中汲取許多難能可貴的經驗。學生會每月均籌辦不同類型之活動，作為領袖，我帶領莊員通力合作，並策劃各類富趣味性及意義的活動，以充分發揮團隊合作精神。各項活動得以順利舉行，實有賴顧問老師長期從旁悉心指導，並協助我們克服籌備過程中的各種挑戰。在此謹向各位老師致以由衷謝意，感謝您們的栽培與信任，讓我得以在這個舞台上展現能力、建立自信，並在歷練中蛻變為一位更全面的人。

## 領袖生隊長 5A 張梓燁 及 5A 張樂怡





本校素以純樸校風見稱，同學皆能自律守規，紀律問題寥寥可數，因此在保棠擔任領袖生確實是一項輕鬆的工作；而身為領袖生隊長，更需凝聚團隊力量，透過協作任務建立互信關係——這份攜手共進的責任，正是領袖生隊長職責的精髓所在。

## 資訊科技領袖生長 4C 顏逸朗



學校資訊科技發展一向與時並進，校內各項設施均致力配合師生於校園生活及學習上的多元需要。除全校課室均已安裝 75 吋高清顯示屏外，學校亦設有流動平板電腦及手提電腦手推車，以供課堂上每位學生使用 iPad Pro 或手提電腦進行互動學習。課室內更配備 Apple TV、All-in-One 電腦等先進資訊設備，進一步提升教學效率及學習成效。

本人有幸擔任資訊科技領袖生長一職，深感責任重大。我期望能善用過往數年累積的知識與經驗，積極協助教師及同學共同建構更優質、更高效的資訊科技學習環境，促進校園整體的數碼轉型與創新發展。





## 籃球隊長 5E 林逸瀚

身為籃球隊隊長，我於場上指揮攻防，於場下凝聚共識；而作為保棠體育校隊一員，更體現跨團隊的羈絆。無論是足球、排球、單車或�乒乓球隊，我們共享拼搏信念——即使非本隊賽事，也必到場聲援，日常相遇時互勵打氣。這份超越項目的守望精神，正是保棠體育力量的來源。

## 入境事務處青少年領袖團隊長 4D 蕭詠晴



入境事務處青少年領袖團的訓練不僅深化了我們忠誠愛國的情懷及嚴守紀律的精神，更鍛鍊了我們的自信與規律，讓我們具備服務社會、履行公民責任的能力。透過培訓，我們有系統地學習中國近代史的發展脈絡以及香港特區國家安全法律的精髓與重要案例，深刻理解法治是維繫社會穩定與繁榮的基石。

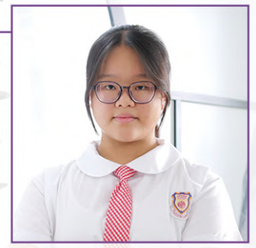
我們明白，無論是作為領袖團成員，認識國家安全、維護法治、尊重香港政治體制，都是我們責無旁貸的使命。我們將繼續以身作則，自覺守法，並致力在團隊、校園及同儕間推廣國家安全信息，為保障香港的繁榮穩定貢獻力量。



## 第十九屆黃大仙區優秀學生及提名 2025-2026 年度「Student of the Year」 6C 梁芷欣

有賴學校豐富的資源及熱心的老師帶領下，我得以在多項國際 STEAM 競賽中挑戰自我並取得佳績，例如在「第五十一屆日內瓦國際發明展」中，學校完善的創新研發空間與充裕的材料資源，讓我能反覆調校與優化作品，最終成功越級挑戰，榮獲公開組銅獎。而在準備「2025 國際遺傳工程機器設計競賽（iGEM）」的過程中，學校先進的生物科技實驗室及老師的專業指導，提供了課堂以外的寶貴實踐經驗，助我的團隊融會貫通生物與工程知識，勇奪金獎及全球最佳硬件獎提名。我很榮幸憑藉這些 STEM 國際競賽的優異成績而入選第十九屆黃大仙區優秀學生，並獲得提名 2025-2026 年度「Student of the Year」。在此，我衷心感謝保棠老師一直以來的鼓勵和支持，引領我在各方面取得多元成就。

## 中文辯論隊隊長 4D 李凱晴



學校的中文辯論隊訓練不僅有助於提升我的辯論技巧，還讓我與隊員們每周長時間進行練習和模擬辯論，從而磨練了我們的思維能力和表達技巧。老師和教練不僅為我們提供專業指導，還在比賽前給予心理上的鼓勵，幫助我們在比賽中保持冷靜。即使面對傳統名校，如在鳴辯盃全港中學學生辯論賽中對上傳統名校，仍能發揮自如，最終取得勝利。這不僅是對我們努力的回報，更是團隊默契的結晶。



# 國民教育

本校學生擔任金紫荊廣場五四升旗禮升旗手

本校學生向來積極參與不同類型的國民教育活動及比賽，例如姊妹學校交流、內地考察團、周會分享，以及升旗步操訓練與比賽。他們在多元化的學習與體驗中，不僅展現出對國民身份的認同，深刻了解國家安全對香港發展最為重要，更有效擴闊了國民視野，培育出具備家國情懷、有責任感及承擔力的下一代。

## 比賽獎項




「我愛我的祖國 抗戰勝利篇」金紫荊盃香港校際作文暨普通話朗誦大賽

**最高榮譽「特等獎」**




第二十八屆全港中小學普通話演講比賽 2026

**全港總冠軍**



第五十一屆全港青年學藝比賽 ( 中國古典詩詞朗誦 )

**冠軍**




心繫家國 2025/26 學年聯校中式步操比賽

**金獎**




香港回歸二十九周年黃大仙區中小學回歸盃升旗比賽

**金獎、傑出升旗隊、最佳扣旗手及最佳升旗手**



## 活動




中華文化日



「山海儒風」山東自然人文雙遺產研學團



汕頭姊妹學校訪校




全民國家安全日活動




海南省航天科技、環境及文化保育探索之旅




汕頭海島生態考察暨姊妹學校交流團




參觀國安展覽廳



保良局「藝創滬動 · 港韻同行」上海交流考察團




深圳前海經濟發展內地考察團

# REACHING FAR AND WIDE

## *for Knowledge Exchange*













































無線電視新聞部主播體驗班

# 保棠成長 — 多元化學習經歷

本校提供多元化的活動，包括校隊、樂團及學會等。此外，本校設有其他學習經歷週，讓學生獲得更多不同的學習體驗，發展多方面的潛能。




參觀香港大學李嘉誠醫學院



流行音樂工作室錄音體驗



狗場工作體驗



參觀建造業零碳天地



沙頭角建築、經濟及文化考察




參觀保良局總部






茶藝工作坊



領袖訓練營



Pizza Express 工作坊



探索大澳生態、歷史及文化




參觀海洋公園大熊貓館



高爾夫球體驗



參觀赤柱污水處理廠



點心製作工作坊





# Po Tong's Achievements — S-TEAM



## Awards

Our school has established a research team composed of students (S-TEAM) for many years, which is led by students to conduct different scientific research. S-TEAM participates in different types of activities such as coral aquaculture, using 3D printing and laser cutting technology to make invented products, operating the fish- vegetable symbiosis system, mushroom farming, food waste recycling, visits, overseas exchanges, lectures and competitions, etc., to gain valuable learning experiences outside classroom.




Hanson Outstanding Awards, Hanson Grand Award and Best Presentation Award in Energy Saving Competition for Students




Champion and Social Innovation Award in Hong Kong Student Science Project Competition 2026












Runner-up and Merit Award in The 28th Hong Kong Youth Science & Technology Innovation Competition



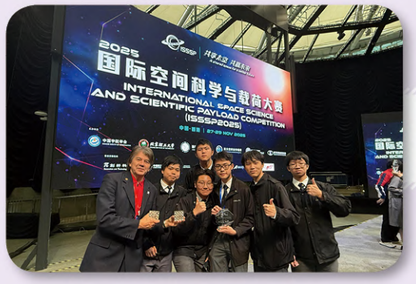

First Runner-up in AI x STEAM+01 Challenge




Champion and multiple awards in Hong Kong Inter-school Environmental Wind Turbines STEM Creative Design Contest




Gold Award in Hong Kong Secondary Student Space Station Popular Science Payload and Science Experiment Design Challenge




Silver Award in International Space Science and Scientific Payload Competition (ISSP2025)



Senior Category Champion in BIM x STEAM Construction Model Creative Design Competition 2024






Silver and Bronze Awards in 2026 Asia International Mathematical Olympiad Open Contest



# 保棠成就 — 香港中文大學育養珊瑚校園計劃

多年來，本校一直參加由香港中文大學生命科學學院、珊瑚學院及漁農自然護理署合辦的「育養珊瑚校園計劃」。計劃內容豐富，包括教導學生照顧珊瑚的工作坊，到東平洲和海下灣觀賞珊瑚等。為使學生學習體驗更為完整，學校投放大量資源於珊瑚計劃之中，例如學校設有設備先進之珊瑚養殖培育室及珊瑚培植系統，為珊瑚提供生長所需要的陽光、水流及穩定的水質。過去兩年本校學生已將養殖成功的珊瑚送往吐露港，為香港生態保育出一分力。





香港中文大學
The Chinese University of Hong Kong

漁農自然護理署
Agriculture, Fisheries and Conservation Department

珊瑚計劃中大影片

漁農自然護理署
專訪本校影片

鳳凰衛視專訪
本校影片






# 黑水虻廚餘回收再利用計劃

本計劃融合「黑水虻廚餘回收」、「有機種植」與「爬蟲館」三大核心環節，貫穿跨學科課程內容，為學生打造多元的學習旅程；學生不僅能實地參觀本地黑水虻養殖場、親身參與香港城市大學的專題工作坊，更可體驗照顧爬蟲類動物與親手進行有機栽培，在探索生命的過程中深化環保意識與實踐力。












# 保棠成就 — 音樂成就

為了培育學生的音樂潛能，本校多年來持續投入大量資源，先後成立管弦樂團、手鈴隊、合唱團、中樂團及 A cappella 等多個不同類型的樂團，並由學校全額資助所有活動費用。我校樂團表現卓越，不僅屢獲全港性獎項殊榮，還在每次大型活動中進行五團合奏，將各團的獨特音色與默契完美融合，展示其音樂成果。

## 獎項

### 2026 香港聯校音樂大賽

中學小組合奏（中樂）金獎
中學小組合奏（管弦樂）金獎
中學合奏（管弦樂）金獎
中學合唱團挑戰組 銀獎
中學聲樂小組合唱 (A cappella) 銀獎
手鈴及手鐘 銀獎

### 第十七屆香港國際手鈴奧林匹克

手鈴高級組 銀獎

### 第 78 屆香港學校音樂節

古箏獨奏 中學深造組冠軍
古箏獨奏 中學高級組冠軍





**五團團長**
**4E 湯祺禕（管弦樂團）、4C 王威濤（手鈴隊）、2E 張睿（合唱團）、5D 藍心怡（中樂團）、3A 韋樂恩 (A cappella)**

在保棠，我們擁有五支各具特色的音樂團隊——管弦樂團、手鈴隊、合唱團、中樂團及 A cappella。作為團長，我們肩負領航之責，帶領團員投入練習，迎接新血加入，並在歷屆聯校音樂大賽中屢獲殊榮。這些獎項，不僅是對我們努力的肯定，更見證了保棠音樂在多元領域的蓬勃發展。學校慷慨投入資源，全額資助樂團活動費用，讓每位懷抱音樂夢想的同學都能無懼經濟壓力，盡情綻放才華。這份支持，成就了我們的舞台，也成就了無數動人的樂章。

在眾多演出中，「五團合奏」是保棠最矚目的音樂盛事。為了這場跨團合作，我們重新編曲、反覆排練、精準協調，既要融合彼此，又要彰顯各團的獨特音色與風格。當音符在舞台上交織成和諧的樂海，觀眾的掌聲與歡呼，便是我們最深的感動與回報。我們深信，音樂的力量不止於舞台，而在於傳承與共鳴。作為五團團長，我們將繼續攜手前行，讓保棠音樂的精神與傳統流傳下去。





# 保棠成就 — 體育成就

本校一直致力推動多元體育發展，為學生打造專業的運動舞台。我們特別聘請各項運動的專業教練，為學生提供系統化及高質素的校隊訓練。在師生的共同努力下，學校於各項體育賽事中屢創佳績，涵蓋籃球、足球、羽毛球、乒乓球、田徑、游泳、單車及舞蹈等多個項目，展現出保棠學子突破自我、永不言敗的精神。

**2025 至 2026 年度**
**150**
**個獎項**














### 5A 陳曉澄

- 女子 U18 鉛球全港排名第一
- 女子 U18 鉛球紀錄保持者
- 多次於學界女子 U18 鉛球及鐵餅比賽奪冠
- 2025-2026 共奪得 16 個獎項




# 保棠校園

校舍設施以學生為本，除了具高科技電子教學設備的課室外，健身室、STEAM LAB、海洋生態實驗工作室、魚菜共生實驗工作室、保棠展覽廳、未來教室、演辯廳、語文天地等不同教學用途的課室可話應有盡有，以配合學校多元化教學。



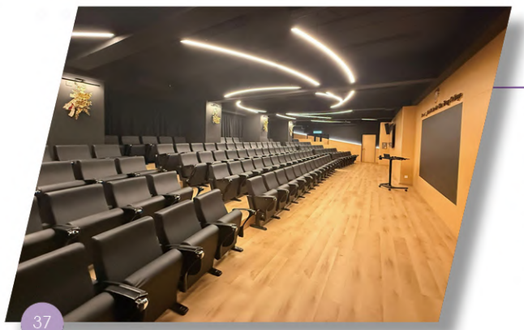

## 保棠展覽廳

保棠展覽廳以香港 50 至 70 年代為建築背景平台，兼備教學課室、網絡設備、劇場、影院、展覽等多功能的展示廳，展覽廳包括天台教室、藥材舖、精品舖、燒臘舖、大排檔、各式懷舊街道等場景，可供授課，小組教學、展覽展示、電影播放等教學用燼。融入式的教學讓學生身臨其境以瞭解香港傳統文化，更有利於提高教學效能，激發學生的學習興趣，使學生更具創造性思維。



## 演辯廳

模擬法院的設計的演辯廳可供老師訓練學生的演辯及演說技巧之用。除語文科活動，其他科目老師亦會帶領學生到演辯進行說話訓練。



## 保棠演講廳

保棠演講廳為本校全新裝修的多功能活動室，室內以淺木色的裝潢、天花以不規則半圓型的特色燈設計，予人一種舒適之感。活動室設有 160 個舒適座椅連可摺疊桌子，配以三個 LED 熒幕及先進的音響設備，為學生提供一個多元化活動的空間，例如全級參與的大型活動、講座、分享會、研討會、辯論比賽等，進一步栽培學生發展不同興趣，盡展潛能。





## 語文天地

語文天地除設有高質素的投影機外，亦備有逾三十張可自由組合的桌椅，方便學生隨時進行各種分組活動，提昇學與教的效能。



## 明德書舍

明德書舍為新設立的中華文化室，書舍命名來自《禮記》中《大學》篇中首句「大學之道，在明明德，在親民，在止於至善」，這是儒家思想中做人立身處世的基本道理，期望每位保棠學生都能以發揮自己最高道德修養為宗旨，亦希望學生培養出良好品德之餘，更能推己及人、感化他人。「明德書舍」內有中華傳統擺設和展品，定期會舉辦中華文化活動，如書法、茶藝等，讓學生對中華文化有全面認識，提升學生對學習中華傳統文化的興趣，並加強學生國民身份認同。

## PLKCHC Innovative Lab

PLKCHC Innovative Lab 是一個新建的多功能電腦室，旨在促進互動及協作式學習。實驗室配備靈活可移動的家具，讓學生能夠分組合作、進行專題研習，並參與各類討論及活動。實驗室亦設有完善的校園電視台設備，配備先進的直播及錄影器材，讓學生親身體驗媒體製作及直播過程，同時培養溝通技巧。此外，實驗室配備最新高效能的學生電腦，為數碼創作、程式編寫及研究活動提供強大支援，從而提升學習效率及創新能力。






## Celine Ho Maker Space

Celine Ho Maker Space 是本校新成立的 STEAM 創新工作室，旨在激發學生的創造力與科學探索精神。工作室配備了最新的高效能 iMac、專業級 3D 印表機及大型高解析度顯示屏幕，為學生提供一個融合科技與創意的理想平台。在這裡，學生可以進行科學實驗、工程設計、程式編寫與產品原型製作，透過跨學科合作與動手實作，大幅提升他們的問題解決能力、創意思維與團隊合作技巧。

## Celine Garden

花園由老師精心設計，透過鋪設人工草地、放置多張戶外桌椅、籐椅及太陽傘，並栽種了各式各樣的植物，為師生提供一個親近大自然的機會。學生置身其中，不但能享受清新空氣和鳥語花香的景色，亦有助舒展身心、放鬆心情、緩和學習情緒，更是和三五知己休憩、温習及促膝談心的好地方。






## 中央場

中央場為一個小型田徑場，全場 200 米及設置 4 條跑道，中間為小型足球場及標準手球場。學生除可在此進行體育課外，更可在課餘進行田徑隊、足球隊訓練。

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